LEARN FROM THE EXPERTS

Enjoy the 2014 Intensive Board Review Course recordings (including synchronized PowerPoint presentations and MP3 audio recordings). They serve as an excellent overview of the domains of hospice and palliative care. 18.5 AMA PRA Category 1 Credits™ are available for completion of the recordings and posttest.

REVIEW A CASE-BASED BOOK SERIES

The UNIPAC Self-Study Program, with the corresponding online confidence-based learning modules, is an excellent resource and study guide. It is available in soft-cover. AMA PRA Category 1 Credits™ and ABIM MOC points are available for learning modules at no extra cost. Approved for 4 AAPA Category I Self-Assessment Credits.

TAKE A PRACTICE TEST

HPM PASS and HPM FAST are available as online self-assessments. In addition to the questions, each test includes an explanation for each answer and references to provide guidance for further study. 2 AMA PRA Category 1 Credits™ and 8 ABIM MOC points are available for each HPM FAST module. Watch for an updated HPM PASS coming in March 2016!

Visit aahpm.org to learn more.
Safe Prescribing of Opioids
BALANCING ACCESS AND RISKS

Pain is a common symptom addressed by hospice and palliative medicine prescribers. Do you worry about diversion or misuse of prescribed medications? Does your patient have a previous or current addiction?

Increase your knowledge about safely and effectively prescribing opioids with your choice of free educational products, including an interactive iBook, a Medscape online course, and others at core-rems.org/education.

Reduce the potential for serious adverse outcomes resulting from inappropriate prescribing, misuse, and abuse of ER/LA opioid analgesics while ensuring continued access for patients with legitimate needs for these drugs.

Continuing education credits are available for physicians, nurses, and pharmacists.

CO*RE, a multidisciplinary, 10-partner collaboration representing nearly 400,000 clinician members includes MDs/DOs, NPs, and PAs who practice in primary care, addiction, pain, hospice and palliative care medicine, and other specialties. Its mission is to ensure that ER/LA opioid medications are prescribed, when indicated, in a manner that enhances patient well-being and does not contribute to individual or public harm. AAHPM is a supporting partner. Learn more at core-rems.org.

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WHAT’S YOUR KNOWLEDGE of hospice and palliative medicine?

Test it with HPM FAST™.

Each online test contains 25 case-based questions and includes explanations and up-to-date references to provide guidance for further study. Four modules are now available:

- **HOSPICE REGULATORY** guides the learner through cases that require application of hospice regulations.
- **PROGNOSTICATION** addresses disease-specific issues, communication with patients and families, and the impact of mechanical interventions.
- **PEDIATRICS** focuses on issues related to appropriate care of pediatric and adolescent patients.
- **PSYCHIATRY AND COGNITION** relates specifically to mental illness, delirium, and decision-making ability.

These tests serve as great tools for staff orientation, self-assessment, or preparation for a certification exam.

AAHPM designates each enduring material for up to 2 AMA PRA Category 1 Credits™. Earn 8 medical knowledge self-assessment points toward your ABIM MOC Part II requirements.

AAHPM is not involved in developing the certification exam and has no specific knowledge of the actual questions that will be included on the exam. HPM FAST™ questions were developed after review of the exam outline with intent to emphasize concepts listed by ABIM.

Learn more at aahpm.org.
Need help managing the challenges of a **CHANGING HOSPICE ENVIRONMENT**?

**HMD Prep**
This 75-item multiple-choice online practice test assesses your knowledge in hospice practice. Content is based on the Hospice Medical Director Certification exam blueprint.

**Hospice Medical Director Manual**
This book defines best practices, offers tools and sample documents, and provides answers about physician roles in hospice, employment contracting with a hospice, and the medical director’s responsibilities on the hospice team and within the organization.

**Recordings of the Hospice Medical Director Conference**
These recordings highlight the clinical, administrative, and regulatory aspects of your work. Audio and synchronized PowerPoint content and separate audio files are included.

**Compendium of Online Resources**
Developed with your needs in mind, this recording library of clinical and regulatory content will help expand your knowledge base.

Note: AAHPM has no direct role or input in the development of the HMDC Exam. The Academy relies on the public published material about the exam to develop its products.
TAKING THE HOSPICE MEDICAL DIRECTOR CERTIFICATION EXAM?
THESE AAHPM PRODUCTS CAN HELP YOU PREPARE.

HMD Prep
This 75-item, multiple-choice online practice test assesses your knowledge in hospice practice. Content is based on the Hospice Medical Director Certification exam blueprint. CME available.

Hospice Medical Director Manual
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The preferred job site for hospice and palliative medicine professionals.

AAHPM Job Mart

Need to fill a job in hospice and palliative medicine?

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- Increase awareness of your organization by including detailed information and a link to your website.
- Have your posting seen by 115,000 qualified candidates on the National Healthcare Career Network and 10,000 subscribers of Hospice and Palliative Medicine SmartBriefs.

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- Find relevant job listings and receive notifications of new job postings.
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Visit aahpm.org and click Jobs under Career Development
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**EDUCATION** and **TRAINING** to keep you informed?

**RESOURCES** to help you practice smarter?

**CONNECTIONS** to strengthen your professional community?

**ADVOCACY** to amplify your voice and improve patient care?

“I am a proud member of AAHPM because the Academy supports and represents me at a national level. AAHPM fosters my development as a leader in palliative medicine.”

— CORY INGRAM, MD MS FAAHPM

JOIN YOUR COLLEAGUES at aahpm.org/membership or call 847.375.4712.
A valuable resource for patients and families

“Doctor, Exactly What is Palliative Care?”

It’s a fair question—and a common one that takes considerable time to answer thoughtfully and thoroughly. Help patients and their families find practical information on palliative and hospice care by directing them to a comprehensive consumer resource, PalliativeDoctors.org.

PalliativeDoctors.org provides

• articles that clearly explain the benefits of palliative care, the role of palliative doctors, and when to seek hospice care
• information for caregivers, including how to care for a child
• real-life patient stories
• links to related sites on palliative care.

Developed by AAHPM, physicians who care for seriously ill patients.
TEST YOUR KNOWLEDGE OF HOSPICE AND PALLIATIVE MEDICINE

HPM PASS™
This 150-question online practice test is designed to help you assess your understanding of hospice and palliative medicine and simulate the board certification exam. Each item includes rationale and references for further study. You can access the items two times—once in study mode and once in test mode.

HPM FAST™ 2nd edition
Each online test contains 25 questions and includes explanations and up-to-date references to provide guidance for further study on:

• Prognostication—disease-specific, communication, and the impact of mechanical interventions
• Pediatrics—developmentally appropriate care of pediatric and adolescent patients
• Psychiatry and Cognition—mental illness, delirium, and decision-making ability.

AAHPM designates each enduring material for up to 2 AMA Category 1 Credits™. ABIM Maintenance of Certification (MOC) is available for those eligible.

In an outcomes survey, more than 90% of respondents indicated the content and format were helpful for their board preparation, and 95% reported passing the exam.
PRIMER OF PALLIATIVE CARE

The essential introductory text for those who care for patients with serious illness and their families.

CONTENTS INCLUDE

• Introduction to hospice and palliative care
• Pain management
• Dyspnea
• Gastrointestinal symptoms
• Delirium, depression and anxiety, fatigue
• Spiritual and existential suffering, the search for meaning, provider self-care
• Goal-setting, prognosticating, surrogate decision making
• Last-resort options
• Care during the last hours of life
• Special considerations for infants and children.

NEW TO THIS EDITION

• Chapter on the care of pediatric patients
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• More than 100 additional references
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The UNIPAC self-study program provides a critical foundation for healthcare providers who want to incorporate the principles of hospice and palliative medicine into their daily practice.

**UNIPAC 1**  The Hospice and Palliative Care Approach to Serious Illness

**UNIPAC 2**  Alleviating Psychological and Spiritual Pain

**UNIPAC 3**  Assessing and Treating Pain

**UNIPAC 4**  Managing Nonpain Symptoms

**UNIPAC 5**  Communication and Teamwork

**UNIPAC 6**  Ethical and Legal Dimensions of Care

**UNIPAC 7**  Caring for Patients with HIV/AIDS

**UNIPAC 8**  Caring for Pediatric Patients

**UNIPAC 9**  Caring for Patients with Chronic Illnesses: Dementia, COPD, and CHF

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Serve as great learning tools for orientation and ongoing assessment and training of practitioners. Earn AMA PRA Category 1 Credits™ and ABIM MOC points.

“This edition is the best ever. The material is succinctly presented, evidence based, and very practical.”

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Series Editor